

SATHYA
SAI
MOVEMENT

Welcome
Welcome



Who is Sai Baba

Sai Baba was born on the 23rd of November 1926 in Puttaparthi, a little village in the State of Andhra Pradesh, in the South of India. Since early childhood, he declared:

“Education combined with the development of character, preservation of good health, fulfillment of the primary needs of man, are rights granted by God to all humanity without distinction of social class, race or creed.”

*“There is only one religion, the religion of Love.
There is only one caste, the caste of Humanity.
There is only one language, the language of the Heart.
There is only one God, he is omnipresent.”*

*Nations are many
but the Earth is one,
jewels are many
but gold is one,
stars are many
but the sky is one,
bodies are many
but one is the air we breathe.*



His Mission

Sai Baba does not belong to any religion and does not propagate any.

His mission, though recognizing the validity of all religious traditions, goes beyond all religions, as it is intended to indicate to man the road that leads to the understanding of his true Divine Nature, respecting the universal spiritual teachings common to all religions.

Sai Baba does not expect followers to worship him. He recommends worshipping God in the form that each one is attracted to in the context of his/her own education and culture. The process goes on until the searcher goes beyond religion in favour of spirituality, thus passing from an external search to an internal search.

*“I have come to light the lamp of love in your hearts,
to see that it shines day by day with added lustre.*

*I have not come to speak on behalf of any particular
spiritual practise or Indian philosophy.*

*I have not come on any mission of publicity
for any sect, creed or cause,
nor have I come to collect followers for any doctrine.*

*I have no plans to attract disciples or devotees,
in to my fold or any fold.*

*I have come to tell you of this Universal Faith,
of this Divine Consciousness,*

*of this path of Love,
of this philosophy of Love,
of this duty of Love.”*

My life is my message

Education

Sai Baba is a world teacher.

He founded an educational system that covers all levels, from primary to university education, completely free of cost. In this system, the highest academic expression is achieved on the basis of the five human values: Truth, Righteousness, Peace, Love and Non-violence. The teaching of these values aims to prepare students to enter society and live by these Principles. Therefore, work is not merely considered as a means of acquiring money and material goods but as an instrument to better serve man and society.

The graduates from Sai Baba's universities are sought after all over the world. Besides scholastic excellence, their integrity represents a guarantee of honesty and professional expertise.



*One of the
Sathya Sai Colleges*

*Puttaparthi Super Speciality Hospital,
one of the Sathya Sai Hospitals*



Healthcare

After building many hospitals, in November 1991 Baba opened, in presence of the Indian Prime Minister, the most modern and sophisticated general hospital of all India: the Super Speciality Hospital in Puttaparthi.

Hospitalisation, medical assistance, family accommodation, therapy and surgery, including the most sophisticated and costly treatments are undertaken at no cost to the patient. At the end of 2006, solely at the Puttaparthi Hospital, tens of thousands of heart operations were carried out.

In January 2001, Sai Baba also opened the Super Speciality Hospital in Whitefield, Bangalore. This hospital has 330 beds, 12 operating theatres, specialising in cardiology, vascular and cardiothoracic surgery, neurology and neurosurgery. By June 2007, the number of patients treated in this hospital was 450.865 – mostly people who would have been unable to pay for treatment.

*“If sickness and suffering
make no distinction between rich and poor,
why should we?”*

Primary Needs

For two million people in the State of Andhra Pradesh, south India, drinking water has always been a daily problem. Not only was the purity of the water not guaranteed but often only polluted water was available. Having urged the Government, in vain, to take action, Sai Baba launched various projects of enormous capacity and rapid execution. These include the district of Anantapur in 1994, in Medak and Mahabubnagar in 2001, Chennai in 2004. These projects provide millions of people and more than 1000 villages with clean drinking water. Another water project was started in East-Godavari in 2007.

Sai Baba has never asked for money for any of these works. He gives those who are willing, the possibility to contribute for the benefit of all.



165 Km canal in operation, one of the works of the drinkable water project

Baba says:

**“Your life
is my message”**

Inspired by the example of these enormous achievements, thousands of people from all over the world have undertaken a number of social activities according to their means. For example construction of hospitals, schools and kindergartens, canteens for the poor, as well as a multitude of other services for the less fortunate people in society, the aged, physically challenged people, the chronically or terminally sick and those living on the margins of society.

Sathya Sai Movement

The extraordinary capacity and Love shown naturally and spontaneously by Sai Baba attract many thousands of people every day from all parts of the world. Even though the number of people who come into personal contact with the phenomenon of Sai Baba is huge, his greatest miracle, recognised by his followers, is the transformation of the human heart.

“The work of man is to plant the seeds of Truth, Righteousness, Peace and Love in the heart of every individual who is ready to receive them.

The Sages of all religions have outlined the means and methods, the steps to take and the dangers lying in wait, the help and the obstacles that man must consider when pursuing this end and millions of people have benefited from their advice.

But there has never been an organised movement before, in which the entire mankind is involved.”

The Sathya Sai Movement, **out of Love,** becomes an Organisation

Aim of Sathya Sai Centres

The aim of belonging to the Sathya Sai Organisation is to realise the Divine Principles inborn in every human being. Gradually, by studying and practising them, a personal and conscious process of transformation takes place. It should lead to living out an ideal, not merely having an ideology.

“The Sai Organisation has the task of spreading the principle of LOVE and promoting the Divinity of man, not that of increasing followers and sympathisers.

Self-realisation is the goal.

Quality is important, not quantity.

*The growth in members is quantity,
the growth in Love is quality.”*

“Ignorance is the greatest curse of life.

Ignorance is the heaviest burden in life.

Ignorance is the deepest darkness, camouflaged.

Ignorance is the cause of ruin in life.

He who cannot see is not blind;

A blind is he who does not want to see.

Ego is the root of all problems.

Abandon your ego and all problems will disappear.”



*One of the
Sathya Sai Colleges*

The Sathya Sai Centres

The Sathya Sai Centres form the core of the Organisation.

The members choose to live by the teachings of Sai Baba and to transmit them to those who openly ask, presenting them in the context of the local culture.

“Centres do not have the aim of spreading a new cult or promoting my name or creating a new cult to adore me. They have the scope of spreading interest in prayer, in meditation and in other spiritual practices that lead to the inherent Divinity. They must manifest the joy that springs from singing and repeating the name of God and the peace that comes from keeping good company. The Centres must serve the forlorn, the sick, the distressed, the illiterate and the needy, without any thought of reward.”

The activities of Centres include
Spiritual, Educational and Service Activities.

Spiritual Activity

This is the study of Sai literature and the practice of devotional aspects of singing, prayer and silent sitting.

The study of the Sai literature and of the Holy Scriptures of the main religions is the basis of study circles, a method that gives every participant the possibility to express his/her point of view on the subject under examination in order to attain a final synthesis, in which Truth is recognised.



“The Study Group or Circle, is made up of a group of people where each one outlines what he/she has understood about the relative subject. It is a round table. Everyone explains his/her thoughts and, at the end, a summary of values is underlined. If we limit ourselves to reading, doubts can remain, but if everyone explains his/her thoughts doubts can be solved.”

“The subject is decided and the study group discovers various aspects of it. It is like a cut diamond with its many sides: the biggest on the top side must be seen by all. The aim of the group is to discover which is the top side.”

“Devotional songs are a spiritual discipline for all who wish to take part. Through them the mind should be made pure, free from passions and strengthened in faith.”

“The Lord has said that wherever his name is sung, he is present and will not leave. When you sing alone, the heart becomes one with the song. But when many sing together a Divine Force is created.”

Educational Activity

This is the teaching and practice of the five Human Values: Truth, Righteousness, Peace, Love, Non-violence. The educational activity includes classes for children and parents, training for teachers and ladies' meetings.

During these lessons, five techniques are used. Among them: silent sitting, universal quotations, reading of uplifting stories, group activities and devotional singing.

*“The end of wisdom is freedom,
the end of culture is perfection,
the end of knowledge is love,
the end of education is character.”*

*“Love as thought is Truth.
Love as feeling is Peace.
Love as action is Righteousness.
Love as understanding is Non-violence.”*

*“Education without character,
Politics without principles,
Science without humanity,
and commerce without morality,
are not only useless but positively dangerous.”*



Service Activity

Service is spiritual discipline. It is Love in action; love for all nature, in particular for human beings.

It consists of taking care of the needy, through unselfish activity, for to serve man is the best way to serve God. Mankind is one family; no one in the world is excluded.

Service aims to improve the physical and psychological wellbeing of the needy, without any intention of proselytism. When undertaken with no selfish interest, it becomes sacred.



*“In whose interest
is the voluntary service you are doing?
You are doing voluntary service for yourselves.
Undertake service activity
so as to become aware of the Divine Self within,
so that you can free yourself of your ego,
so that you can understand your Self
and get the reply to the question:
“Who am I?”*



*“It is of no use preaching
spiritual knowledge to the hungry.
The poor and the sick
can never understand these sermons.
The first thing to do for the hungry
is to give them something to eat.
If you speak to them about the soul
they will not be interested.
Thus try first of all to find a remedy
for hunger, sickness and illiteracy.”*



Nine points Code of Conduct

- Daily meditation and prayer;
- Devotional singing/prayers with family members once a week;
- Participation in the educational programmes organised for children of the members;
- Attendance at least once a month at group devotional programmes;
- Participation in social work and in the programmes of the Organisation;
- Regular study of Sai literature;
- Put into practice the principle of “Ceiling on Desires” and utilise any savings thereby derived for service to mankind;
- Speaking softly and lovingly to everyone;
- Not talking ill of others especially in their absence.



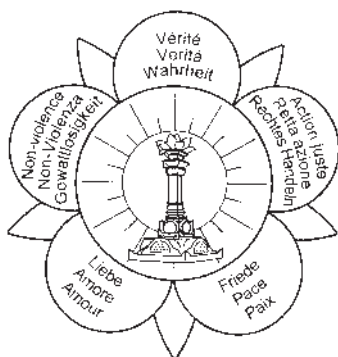
*Sathya Sai Baba's
advice.....*

The Ten Principles

- Love and serve the Motherland; do not criticise or hurt the Motherland of others;
- Respect all religions. Every one of them is a path towards God;
- Love all, with no distinction. Recognise mankind as a single community;
- Keep your home and its environment clean. It will ensure health and happiness to you and to society;
- Do not encourage beggars by giving them money. Provide food, shelter, love and care to the sick and the old;
- Never give or take a bribe. Never give in to corruption;
- Never develop hate, envy or jealousy in any way or under any circumstances;
- Do not count on others to fulfill your personal needs. Become your own servant before serving other people;
- Worship God. Fear sin;
- Follow the laws of the Nation. Be an exemplary citizen.

..... for a better life

..... for a better world



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Orario d'apertura Opening hours

Dienstag/mardi/martedì/Tuesday 16.30–18.30
Samstag/samedi/sabato/Saturday 14.00–17.00

Geschlossen an Festtagen
und während der Ferienzeit

Fermé les jours fériés et pendant les vacances scolaires
Chiuso nei giorni festivi e durante le vacanze
Closed on public and school holidays

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